



1) When does most brain development occur?

0 - 2 yrs  3 - 5 yrs  6 - 8 yrs  9 - 11 yrs  11 - 16 yrs

2) Which of the following stimulate brain development? *(Tick all that apply)*

Meeting baby's basic needs on demand   
Letting baby start an interaction before you respond   
Showing baby picture books and reading stories   
Breastfeeding   
Singing nursery rhymes   
Having lots of background noise in the home   
If a baby's cries are understood & responded to

3) When should talking be encouraged with a child? *(Tick all that apply)*

As soon as the baby is born   
During pregnancy   
Once baby starts making sounds   
Once the child starts talking   
When the child has a few clear words

4) Which of the following statements are true? *(Tick all that apply)*

Children understand before they can talk   
Children start hearing at 6 weeks old   
Children talk before they understand   
Children say their first words usually at 2 years old   
Dummies can affect speech & language development

5) Which of these can help a child learn to talk? *(Tick all that apply)*

Letting them get on & play alone   
Having lots of background noise   
Talking about things as they happen   
Hearing lots of adult conversations   
Singing nursery rhymes together   
Having stories read aloud   
Adults simplifying their language to a child's ability   
Using gesture & facial expressions to help the child understand what you are saying

6) Why is talking to a baby important? *(Tick all that apply)*

- It will stimulate the baby's brain
- It isn't very useful until the baby can talk back to you
- It will help the child become a good reader
- It will help the parent form a close bond with the child
- There is no point talking to a baby because they don't understand

7) Which of the following statements are true?

- You can spoil babies by picking them up too much
- Lots of touch is important for babies
- Babies only cry for attention
- A baby whose needs are met quickly when upset tends to be more content in the long term
- A baby's needs should fit into the routine of the home

8) At what age should a child say their first words?

- 10 - 12 mths  16 - 18 mths  20 - 22 mths  22 - 24 mths  24+ mths

9) Which of the following statements about dummies are true?

- If you don't give a baby a dummy they will suck their thumb
- Dummies can help premature babies learn to swallow
- Dummies are not recommended if you are breastfeeding
- Dummies should be discouraged after the age of 1 year
- An orthodontic dummy will have less effect on a child's speech than an ordinary dummy

10) What does a baby need? *(Tick all that apply)*

- Touch
- Lots of attention
- To be left alone to cry
- Hugs & cuddles
- Lots of noise
- Stimulation
- Singing/talking to
- To have a calm routine every day

11) A Confident parent...*(Tick all that apply)*

- Is able to ask for help with parenting
- Knows who/where to ask for help with parenting
- Pays more attention when their child misbehaves
- Gets over it' quickly after a disagreement with their child
- Knows what sort of behaviour to expect of their child and at what age, e.g. 2 years olds & tantrums
- Never feels overwhelmed by the demands of parenting
- Has plenty of play ideas and finds the time to play